



Teaching Physicians the Healer Role:

The McGill Approach

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McGill Programs in Whole Person Care

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The Physician as Healer and Professional

Episteme, Techné, Phronesis



“Healing is
the mandate of medicine,
and
professionalism
is how it is organised”.

Sylvia Cruess



Quality of Life

Wholeness
Integrity
Homeostasis
Inner Peace



Total Pain
Suffering
Anguish



Wholeness
Integrity
Homeostasis
Inner Peace

Healing

Definition: Healing constitutes a response shift within the person being healed away from suffering, toward an experience of equanimity and wholeness.

Mount & Kearney



SUFFERING & THE PHYSICIAN: Lewis E: Lancet

“.....stillbirth: **coping with unreality**.....event which by common consent, is cloaked in secrecy, and which by its very nature seems unreal”

Bourne: “family doctors astonishingly **reluctant to know or remember anything** about the patient who has had a stillbirth”

“...strong forces (of denial in both) mother and physician....**hindering the mourning and healing process**”

September 1976



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“Some physicians show their discomfort and uneasiness either by continuing useless therapies or by detaching themselves from care.”

Mental Health Reviews



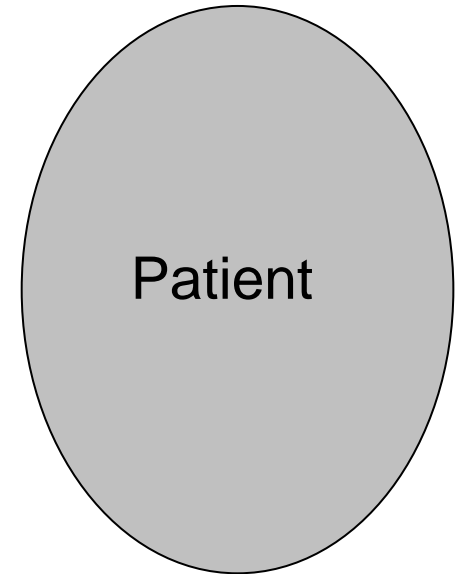
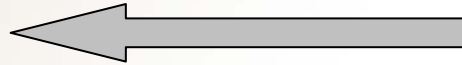
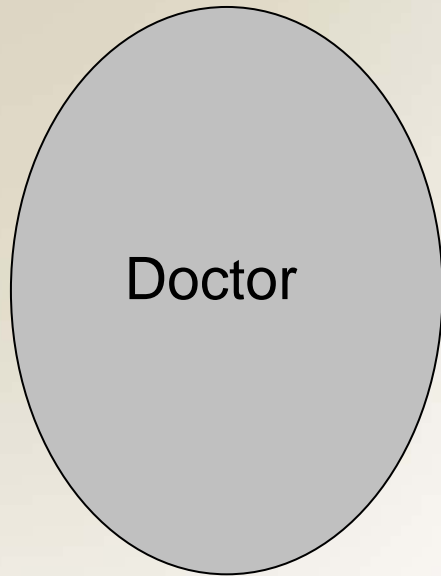
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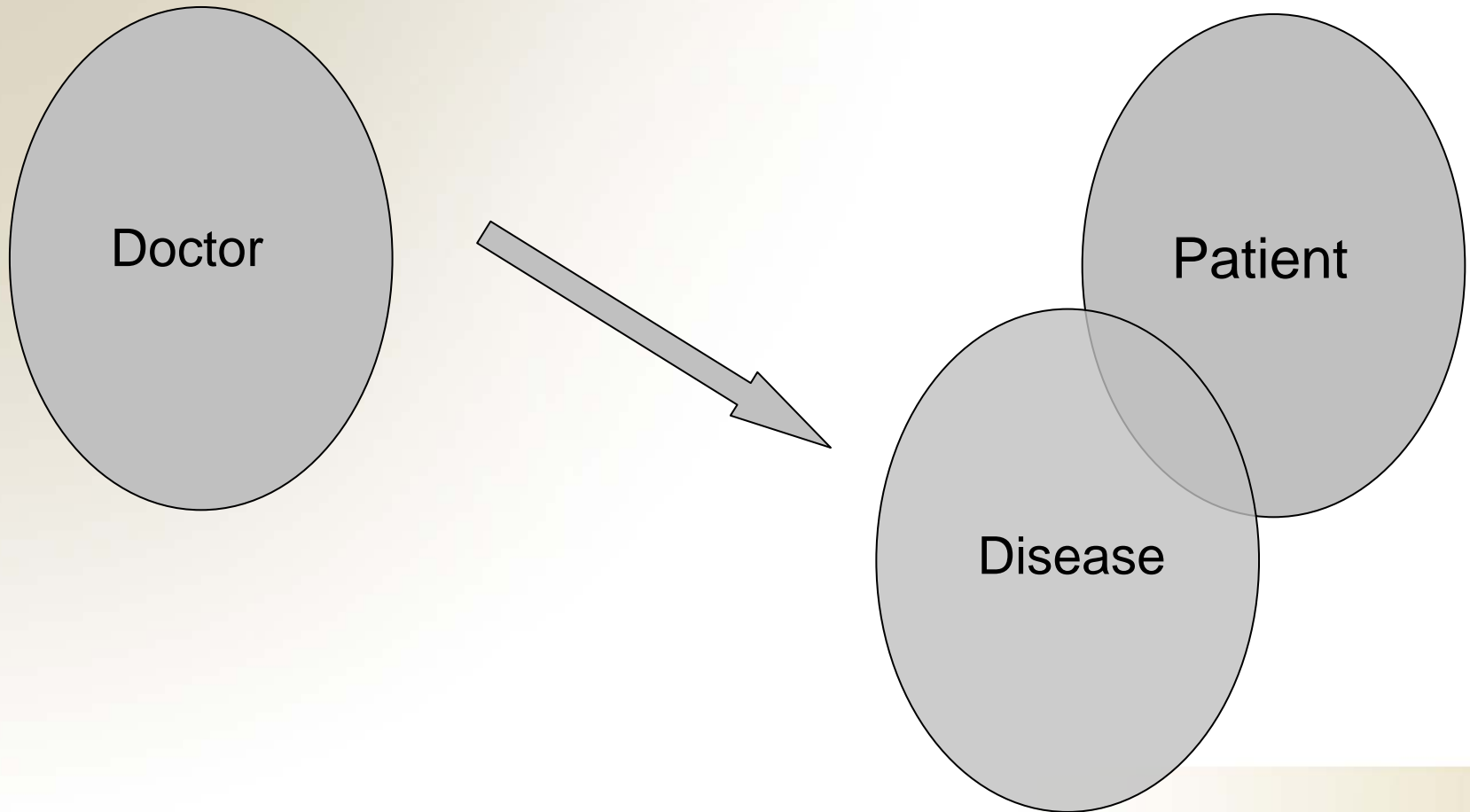


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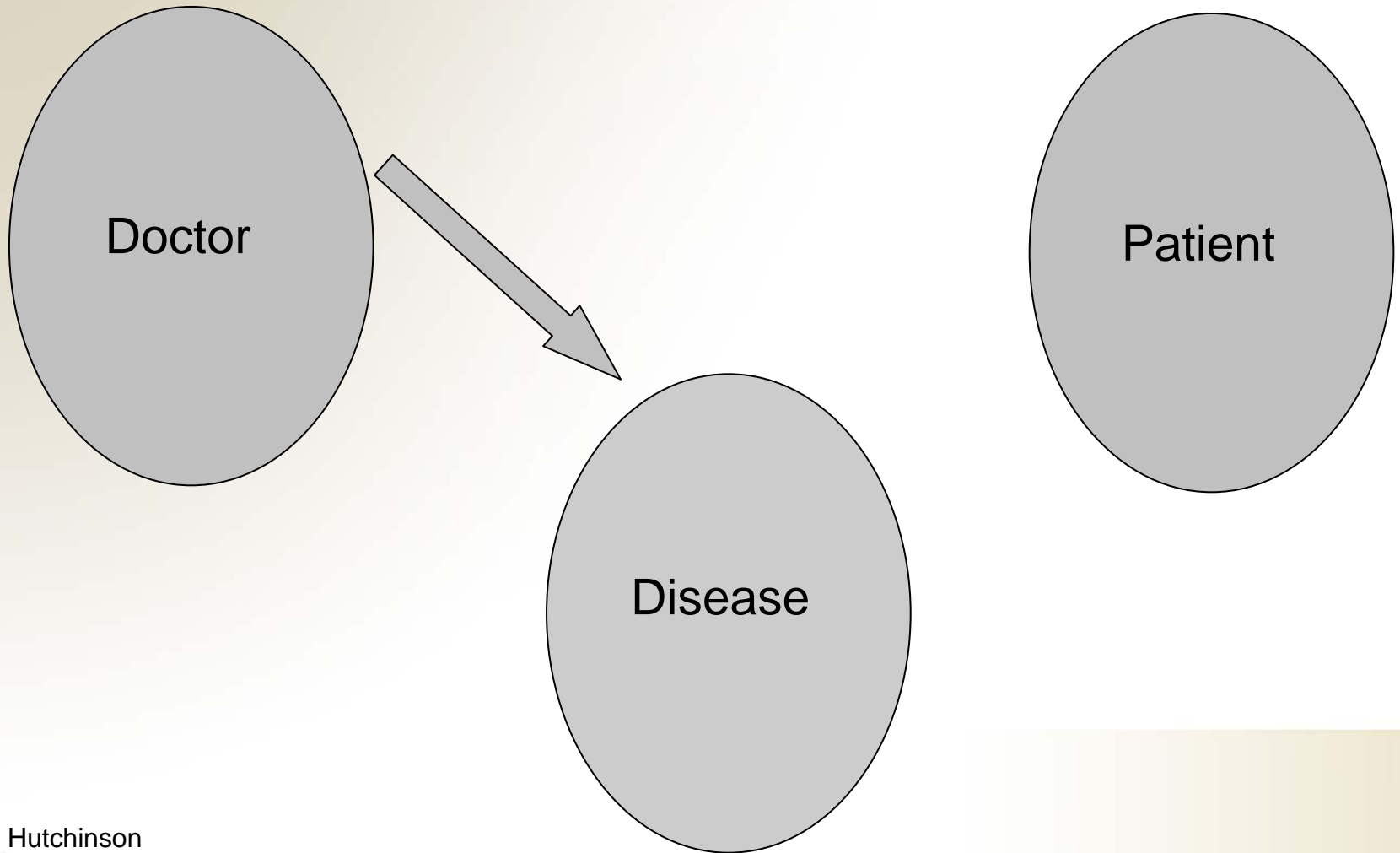


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Importance of the Diagnostic Process

1. Patient

- Relief of Responsibility. (Aronowitz R. Making sense of illness: science, society and disease. Cambridge University Press, 1998.)
- Empowerment by Externalization. (White M. Re-authoring lives: interviews and essays. Adelaide: Dulwich Centre Publications; 1995.)

2. Doctor

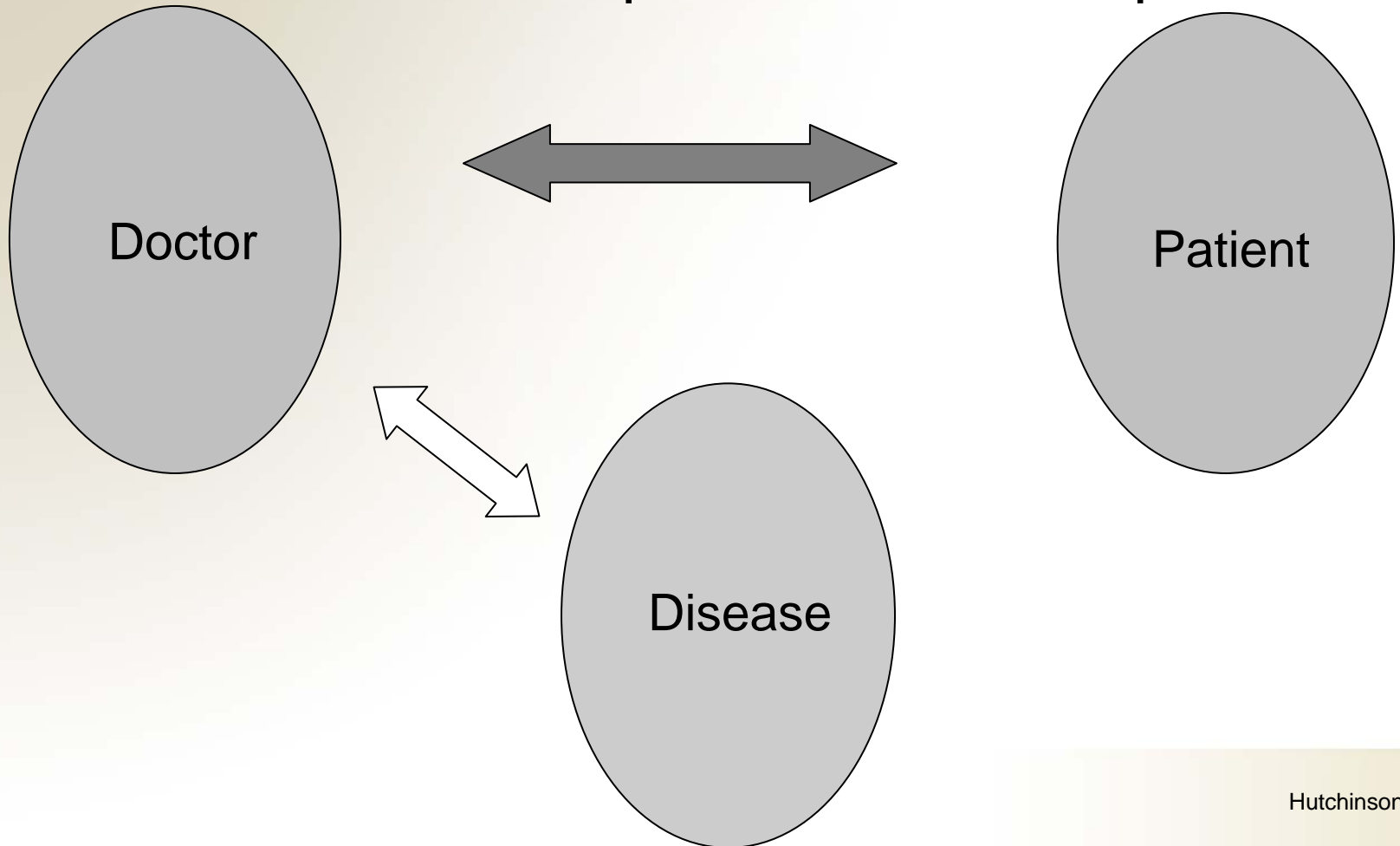
- Pragmatic
- Psychological



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The Two Therapeutic Relationships



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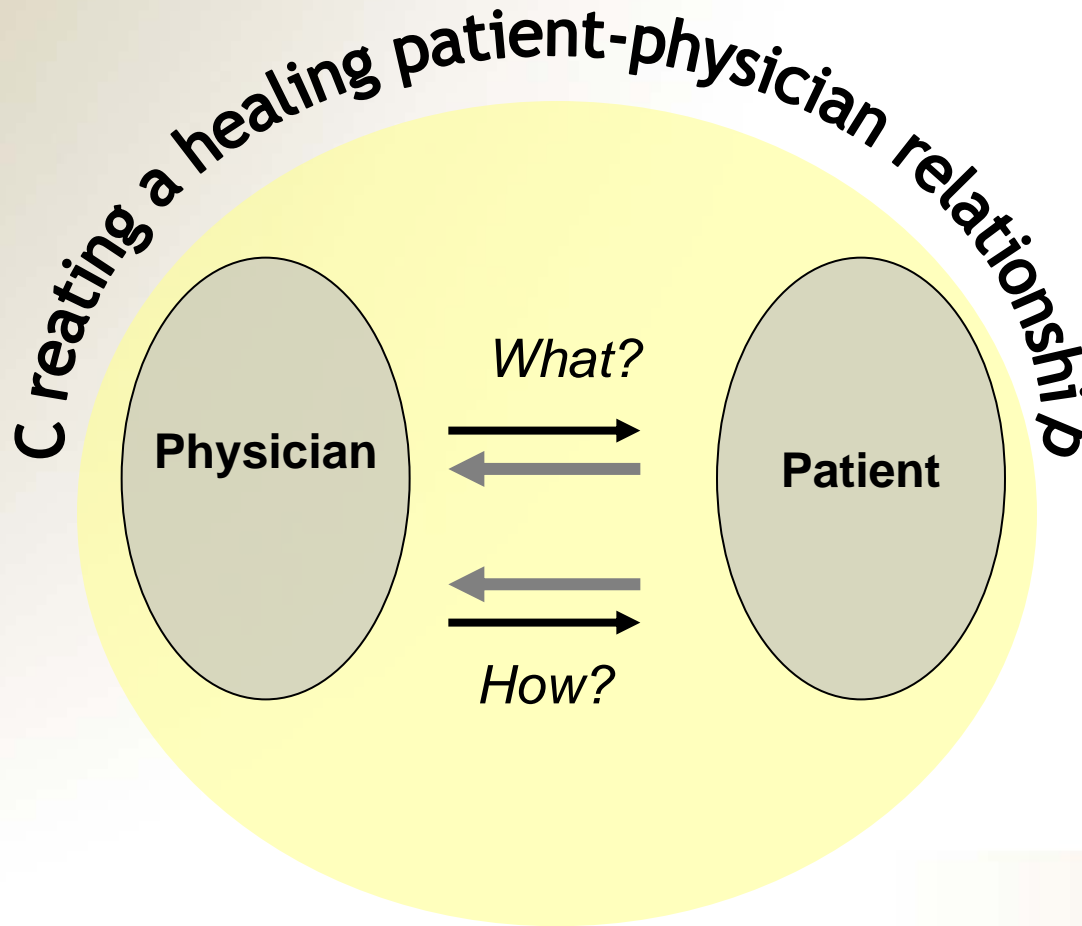
Whole Person Care





Episteme, Techne, Phronesis

Healing & the Art of Medicine: Concept Map





THE “COMPETENT” PHYSICIAN

There are 3 elements involved:

1. Evidence Based Medicine (WHAT?)
2. Patient-centered Care (HOW?)
3. Reflective Practice (WHO?)



Teaching Healing

1. Simple cognitive frame
2. Emotional engagement
3. Role Modeling
4. Practice
5. Faculty Development



Physicianship 1 Sessions:

1. Introduction to the Healer Role and the Professional Role
2. Healing Relationships in Medicine
3. Suffering and Healing in Medicine
4. Healing and the Health Care Professional
5. Healing and the Patient
6. Healing and the Medical Student



PAHC 2007-2008: CONCEPTS

- C1. Relating to Patients.(HMN & TH).
- C2. Relating to Other Team Members. (SC).
- C3. Relief Suffering & Promotion Healing. (PA).
- C4. Pt/Phys Perspectives. (HMN & TH, Panels).
- C5. Pt/Phys Relationships. (PA).
- C6. Integrating the Course Concepts (HMN & TH).



PAHC 2008-2009: CONCEPTS

- C1. Physician Self Care: Why? How?(Film RG,HMN & TH).
- C2. Relief Suffering & Promotion Healing. (PA).
- C3. Pt/Phys Perspectives. (HMN & TH, Panels).
- C4. Pt/Phys Relationships. (PA).
- C5. Healing/Professional Communication. (?SC).
- C6. Relating to Other Team Members. (SC).
- C7. Integrate Themes & Course Concepts (HMN,TH, AJ).



Teaching Healing

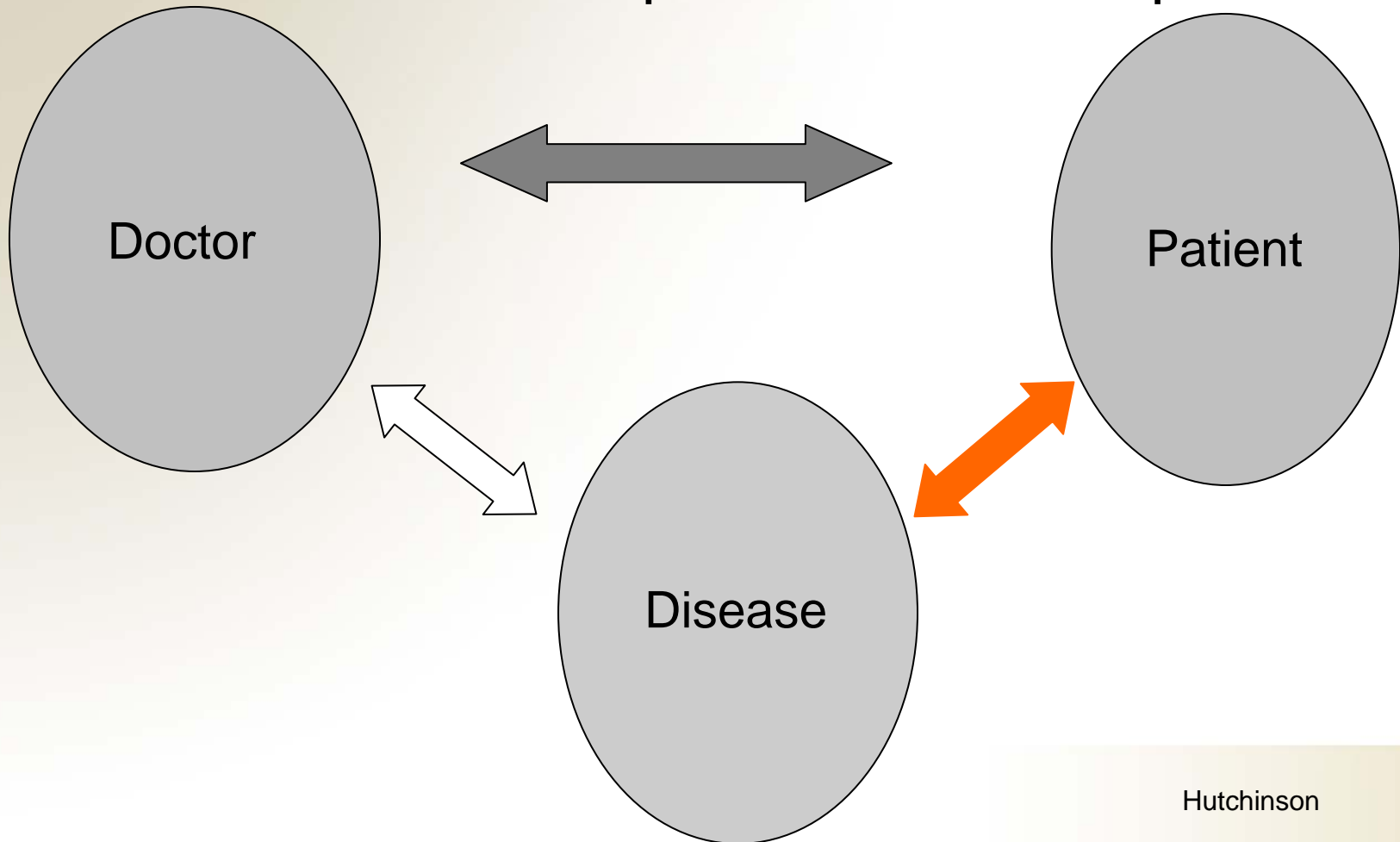
1. Simple cognitive frame
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- 5. Faculty Development**



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The **Three** Therapeutic Relationships



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Conclusion

- The physician has two roles: curing disease and healing patients (or helping patients heal themselves).
- The first requires technical knowledge and expertise, the second requires a special quality of presence.
- Physicians need to master both in order to provide the best care to their patients.