

PGME TOPIC 1 – Building Relationships with Individuals: Navigating Difficult Conversations

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
<p>1a. Create an emotionally, physically, and culturally safe environment for patient interactions, within the parameters of your workplace and role.</p>	<p>Communicator</p> <ul style="list-style-type: none"> • 1.2 Optimize the physical environment for patient comfort, dignity, privacy, engagement, and safety. <p>Professional</p> <ul style="list-style-type: none"> • 1.2 Demonstrate a commitment to excellence in all aspects of practice • 2.2 Demonstrate a commitment to patient safety and quality improvement 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 5.1 Recognizes potential health care delivery risks and patient safety; incidents, working proactively to prevent harm, and remediate identified concerns <p>Professional</p> <ul style="list-style-type: none"> • 5.3 Improves patient safety, addressing human and system factors as part of a commitment to quality • 1.2 Demonstrates a commitment to excellence in all aspects of practice • 2.2 Demonstrates a commitment to quality care and continuous quality improvement.
<p>1b. Identify a patient’s beliefs, concerns, knowledge, illness experience, expectations of pain relief, opioid use, and improved health and wellness.</p>	<p>Communicator</p> <ul style="list-style-type: none"> • 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 6.2 Seeks to understand and respects culturally-based health beliefs <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including

		<p>using an interpreter or cultural intermediary when needed</p> <ul style="list-style-type: none"> • 4.6 Helps patients clarify their values and feelings, cope with uncertainty, and sort out their options for care
<p>1c. Discuss pain (both acute and chronic), symptom management, and opioid use disorder with patients and families/support networks.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 5.2 Adopt strategies that promote patient safety and address human and system factors. <p>Communicator</p> <ul style="list-style-type: none"> • 1.1 Communicate using a patient-centred approach that encourages patient trust and autonomy and is characterized by empathy, respect, and compassion • 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances • 3. Share health care information and plans with patients and their families • 3.1 Share information and explanations that are clear, accurate, and timely, while checking for patient and family understanding • 3.2 Disclose harmful patient safety incidents to patients and their families accurately and appropriately • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe • 4.3 Use communication skills and strategies that help patients and their families make informed decisions regarding their health. 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 5.3 Improves patient safety, addressing human and system factors as part of a commitment to quality. <p>Communicator</p> <ul style="list-style-type: none"> • 1.1 Establishes positive therapeutic relationships with patients and their families that are characterized by understanding, trust, respect, honesty, and compassion • 1.6 Adapts communication to the unique needs and preferences of each patient and to their clinical condition and circumstances ensuring that care is inclusive and culturally safe • 3. Shares health care information and plans with patients and their families • 3.1 Shares information and explanations that are clear, accurate, and timely, while checking for patient and family understanding • 3.2 Discloses patient safety incidents to patients and their families accurately and appropriately • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed.

	<p>Health Advocate</p> <ul style="list-style-type: none"> 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients. 	<p>Health Advocate</p> <p>1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals.</p>
<p>1d. Assess a patient’s readiness to engage in difficult discussions.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.1 Demonstrate a commitment to high-quality care of their patients. <p>Communicator</p> <ul style="list-style-type: none"> 1.1 Communicate using a patient-centred approach that encourages patient trust and autonomy and is characterized by empathy, respect, and compassion 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information 4.3 Use communication skills and strategies that help patients and their families make informed decisions regarding their health 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients. <p>Communicator</p> <ul style="list-style-type: none"> 1.1 Establishes positive therapeutic relationships with patients and their families that are characterized by understanding, trust, respect, honesty, and compassion 4.4 Effectively addresses challenging communication issues such as motivating behaviour change, delivering bad news, and addressing disagreements and emotionally charged situations
<p>1e. Describe the impact of social determinants of health on a patient’s care for pain and opioid use/opioid use disorder.</p> <p>1f. Demonstrate patient-centred, trauma-informed, and culturally safe</p>	<p>Medical expert</p> <ul style="list-style-type: none"> 1.1 Demonstrate a commitment to high-quality care of their patients 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents. 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency 5.1 Recognizes potential health care delivery risks and patient safety incidents, working proactively to prevent harm, and remediate identified concerns

<p>approaches in conversations with patients about opioid use.</p>	<p>Communicator</p> <ul style="list-style-type: none"> 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families. <p>Leader</p> <ul style="list-style-type: none"> 1.2 Contribute to a culture that promotes patient safety <p>Health Advocate</p> <ul style="list-style-type: none"> 1.1 Work with patients to address determinants of health that affect them and their access to needed health services or resources. 	<ul style="list-style-type: none"> 6.3 Explores how the patient’s previous experiences, including adverse life events, impact individual clinical encounters and interactions with the health system and incorporates this understanding in their provision of care. <p>Communicator</p> <ul style="list-style-type: none"> 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families; 2.3 Explores the patient’s personal life context, including cultural influences. <p>Leader</p> <ul style="list-style-type: none"> 1.2 Fosters a culture that promotes patient safety. <p>Health Advocate</p> <ul style="list-style-type: none"> 1.1 Works with patients to address determinants of health that affect them and their access to needed health services or resources; 2.4 Identifies specific needs of underserved patients and populations, including reducing barriers and improving access to culturally appropriate care. <p>Professional</p> <ul style="list-style-type: none"> 2. Demonstrates a commitment to society by recognizing and responding to societal needs in health care
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AFMC PGME Topic 02.1: Opioid Stewardship: Prescribing and Management

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
<p>2.1a. Describe the evidence from the clinical and biomedical sciences for safe and effective opioid prescribing</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective
<p>2.1b. Describe approaches to the management of situations where maintaining opioid therapy is appropriate.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 1.6 Recognize and respond to the complexity, uncertainty, and ambiguity inherent in medical practice • 2.4 Establish a patient-centred management plan • 3.1 Determine the most appropriate procedures or therapies • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 1.5 Recognizes and responds to the complexity, uncertainty, and ambiguity inherent in medical practice • 2.6 Manages complex co-existing clinical and contextual issues, both acute and

	<p>Health Advocate</p> <p>1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients</p>	<p>chronic, often in conditions of uncertainty</p> <ul style="list-style-type: none"> • 3.1 Determines the most appropriate procedures or therapies • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals
<p>2.1c. Identify practices for monitoring opioids, including regular reassessment and use of prescription monitoring databases, for implementation in your practice.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner • 2.1 Prioritize issues to be addressed in a patient encounter • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context,

	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients <p>Professional</p> <ul style="list-style-type: none"> • 2.1 Demonstrate accountability to patients, society, and the profession by responding to societal expectations of physicians; 2.2 Demonstrate a commitment to patient safety and quality improvement 	<p>epidemiology of disease, comorbidity, and the complexity of patients</p> <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families and social or cultural support networks to increase opportunities to adopt healthy behaviours <p>Professional</p> <ul style="list-style-type: none"> • 2. Demonstrates a commitment to society by recognizing and responding to societal needs in health care; 2.1 Demonstrates accountability to patients and society
<p>2.1d. Explain strategies to achieve mutual expectations for opioid management with the individuals.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2.3 Establish goals of care in collaboration with patients and their families, which may include slowing disease progression, treating symptoms, achieving cure, improving function, and palliation 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2.3 Establishes goals of care in collaboration with patients and their families, which reflects the patient’s values and goals for health and well-being • 6.3 Explores how the patient’s previous experiences, including adverse life events, impact individual clinical encounters and interactions with the health system and incorporates this understanding in their provision of care

	<p>Communicator</p> <ul style="list-style-type: none"> • 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information • 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours 	<p>Communicator</p> <ul style="list-style-type: none"> • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives • 2.3 Explores the patient’s personal life context, including cultural influences; 4. Engages patients and families in developing plans that reflect the patient’s health care needs, values and goals <p>Health Advocate</p> <p>1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals</p>
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AFMC PGME Topic 02.2: Opioid Stewardship: Rotation and Deprescribing

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
<p>2.2a. Plan opioid tapering discussions that are evidence-based and responsive to the individual’s readiness for change.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2.1 Prioritize issues to be addressed in a patient encounter <p>Communicator</p> <ul style="list-style-type: none"> • 1.1 Communicate using a patient-centred approach that encourages patient trust and autonomy and is characterized by empathy, respect, and compassion • 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe • 4.3 Use communication skills and strategies that help patients and their families make informed decisions regarding their health 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency <p>Communicator</p> <ul style="list-style-type: none"> • 1.1 Establishes positive therapeutic relationships with patients and their families that are characterized by understanding, trust, respect, honesty, and compassion • 1.6 Adapts communication to the unique needs and preferences of each patient and to their clinical condition and circumstances ensuring that care is inclusive and culturally safe • 2.2 Organizes the interview in a logical sequence, attending to timing and keeping the interview on task while encouraging active patient participation • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed • 4.4 Effectively addresses challenging communication issues such as motivating behaviour change, delivering bad news,

		and addressing disagreements and emotionally charged situations
<p>2.2b. Explain how to deprescribe opioids where appropriate as safely as possible.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 3.1 Determine the most appropriate procedures or therapies • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 3.1 Determines the most appropriate procedures or therapies • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice

AFMC PGME Topic 03: Opioid Use Disorder Assessment & Management

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
3a. Use a patient-centred approach to identify and assess patients with OUD	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2. Perform a patient-centered clinical assessment and establish a management plan • Plan and perform procedures and therapies for the purpose of assessment and/or management 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2. Performs a patient-centered clinical assessment and establishes a management plan • Plans and performs procedures and therapies for assessment and/or management • Establishes an inclusive and culturally-safe practice environment
3b. Explain the relationship between OUD, mental health, and physical health problems	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients. 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals.
3c. Describe an approach to the management of opioid withdrawal symptoms and pain in patients	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2. Perform a patient-centered clinical assessment and establish a management plan • 5.2 Adopt strategies that promote patient safety and address human and system factors. 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2. Performs a patient-centred clinical assessment and establishes a management plan • 5.3 Improves patient safety, addressing human and system factors as part of a commitment to quality.
3d. Counsel patients with OUD regarding the continuum of treatment options	<p>Communicator</p> <ul style="list-style-type: none"> • 1.1 Communicate using a patient-centred approach that encourages patient trust and autonomy and is characterized by empathy, respect, and compassion 	<p>Communicator</p> <ul style="list-style-type: none"> • 1.1 Establishes positive therapeutic relationships with patients and their families that are characterized by understanding, trust, respect, honesty, and compassion

	<ul style="list-style-type: none"> • 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed • 4.6 Helps patients clarify their values and feelings, cope with uncertainty, and sort out their options for care
<p>3e. Describe the rationale for opioid agonist therapy (OAT) and the different treatment options.</p>	<p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 3.1 Share information and explanations that are clear, accurate, and timely, while checking for patient and family understanding • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 3.1 Shares information and explanations that are clear, accurate, and timely, while checking for patient and family understanding • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including

		using an interpreter or cultural intermediary when needed
3f. Integrate consideration of biopsychosocial elements into assessment and treatment of opioid use disorder.	<p>Medical Expert</p> <ul style="list-style-type: none"> 2. Perform a patient-centered clinical assessment and establish a management plan <p>Scholar</p> <ul style="list-style-type: none"> 3. Integrate best available evidence into practice 3.4 Integrate evidence into decision-making in their practice 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> 2. Performs a patient-centred clinical assessment and establishes a management plan <p>Scholar</p> <ul style="list-style-type: none"> 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity and the complexity of patients 3.3 Accesses and applies appropriate resources at the point of care 3.5 Integrates evidence into decision making in practice
3g. Identify ways of delivering treatment for opioid use disorder that are culturally safe	<p>Communicator</p> <ul style="list-style-type: none"> 1.2 Optimize the physical environment for patient comfort, dignity, privacy, engagement, and safety. <p>Professional</p> <ul style="list-style-type: none"> 1.2 Demonstrate a commitment to excellence in all aspects of practice 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> 5.1 Recognizes potential health care delivery risks and patient safety; incidents, working proactively to prevent harm, and remediate identified concerns 6.2 Seeks to understand and respects culturally-based health beliefs <p>Professional</p> <ul style="list-style-type: none"> 1.2 Demonstrate a commitment to excellence in all aspects of practice

<p>3h. Develop approaches to support engagement and continuity of care, including navigating transitions between hospital and community</p>	<p>Collaborator</p> <ul style="list-style-type: none"> • 3. Hand over the care of a patient to another health care professional to facilitate continuity of safe patient care 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 6.3 Explores how the patient’s previous experiences, including adverse life events, impact individual clinical encounters and interactions with the health system and incorporates this understanding in their provision of care. <p>Collaborator</p> <ul style="list-style-type: none"> • 3. Recognizes and facilitates necessary transitions in care with other colleagues in the health professions, including but not limited to shared care, transfer of care, and/or handover of care to enable continuity and safety
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PGME Topic 4: Management of Chronic Pain in Diverse Patient Populations

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
<p>4a. Employ a coordinated and inter-professional approach into a variety of clinical settings when managing individuals with chronic pain.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.2 Integrate the CanMEDS Intrinsic Roles into their practice of medicine • 3.1 Determine the most appropriate procedures or therapies • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Collaborator</p> <ul style="list-style-type: none"> • 1. Work effectively with physicians and other colleagues in the health care professions • 3. Hand over the care of a patient to another health care professional to facilitate continuity of safe patient care 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.2 Integrates the CanMEDS-FM 2017 Intrinsic Roles into their practice of medicine • 3.1 Determines the most appropriate procedures or therapies • 4.1 Works collaboratively with patients, their families, other health care colleagues, and key stakeholders to provide comprehensive care to individual patients, patient populations, and communities • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Collaborator</p> <ul style="list-style-type: none"> • 1. Works effectively with others in a collaborative team-based model • 3. Recognizes and facilitates necessary transitions in care with other colleagues in the health professions, including but not limited to shared care, transfer of

	<ul style="list-style-type: none"> • 3.1 Determine when care should be transferred to another physician or health care professional • 3.2 Demonstrate safe handover of care, using both verbal and written communication, during a patient transition to a different health care professional, setting, or stage of care <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment 	<p>care, and/or handover of care to enable continuity and safety</p> <ul style="list-style-type: none"> • 3.1 Determines when a transition in care is required and facilitates the process • 3.2 Effectively negotiates and communicates (both verbally and in writing) individual and/or shared responsibilities, through care transition plans, to optimize patient safety <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Responds to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment
<p>4b. Develop a proactive and preventive approach for the early treatment of painful conditions at risk for becoming chronic.</p>	<p>Collaborator</p> <ul style="list-style-type: none"> • 3. Hand over the care of a patient to another health care professional to facilitate continuity of safe patient care • 3.1 Determine when care should be transferred to another physician or health care professional • 3.2 Demonstrate safe handover of care, using both verbal and written communication, during a patient transition to a different health care professional, setting, or stage of care 	<p>Collaborator</p> <ul style="list-style-type: none"> • 3. Recognizes and facilitates necessary transitions in care with other colleagues in the health professions, including but not limited to shared care, transfer of care, and/or handover of care to enable continuity and safety • 3.1 Determines when a transition in care is required and facilitates the process • 3.2 Effectively negotiates and communicates (both verbally and in writing) individual and/or shared

	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours 	<p>responsibilities, through care transition plans, to optimize patient safety</p> <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families and social or cultural support networks to increase opportunities to adopt healthy behaviours
<p>4c. Assess, diagnose, and plan management of chronic pain disorders in individuals with concurrent substance use disorders (SUD).</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 1.6 Recognize and respond to the complexity, uncertainty, and ambiguity inherent in medical practice • 2. Perform a patient-centred clinical assessment and establish a management plan • 2.1 Prioritize issues to be addressed in a patient encounter • 2.4 Establish a patient-centred management plan • 3.1 Determine the most appropriate procedures or therapies • 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 1.5 Recognizes and responds to the complexity, uncertainty, and ambiguity inherent in medical practice • 2. Performs a patient-centred clinical assessment and establishes a management plan • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency

	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<ul style="list-style-type: none"> • 2.4 Establishes a care management plan, finding common ground with the patient in defining problems and priorities, and recognizing the roles of the patient, other healthcare providers and the family physician in each encounter • 3.1 Determines the most appropriate procedures or therapies • 3.3 Prioritizes a procedure or therapy, accounting for safety, clinical urgency, and available resources <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity and the complexity of patients • 3.3 Accesses and applies appropriate resources at the point of care • 3.5 Integrates evidence into decision making in practice
<p>4d. Adapt chronic pain management to the individuals' unique needs.</p>	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals

	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice <p>Professional</p> <ul style="list-style-type: none"> • 1.3 Recognize and respond to ethical issues encountered in practice 	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice <p>Professional</p> <ul style="list-style-type: none"> • 1.3 Recognizes and responds to ethical issues encountered in practice
<p>4e. Articulate legal, social, and bioethical issues encountered in chronic pain management and opioid use disorder.</p>	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families and social or cultural support networks to increase opportunities to adopt healthy behaviours • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice

	<p>Professional</p> <ul style="list-style-type: none"> • 1.3 Recognize and respond to ethical issues encountered in practice • 3.1 Fulfill and adhere to the professional and ethical codes, standards of practice, and laws governing practice 	<p>Professional</p> <ul style="list-style-type: none"> • 1.3 Recognizes and responds to ethical issues encountered in practice • 3.1 Fulfills and adheres to professional and ethical codes, standards of practice, and laws governing practice
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PGME Topic 5: Cancer-Related Pain

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
<p>5a. Describe the comprehensive assessment of pain in patients with cancer receiving curative-intent cancer treatments, palliative-intent cancer treatments, or no cancer treatment, and in cancer survivors.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner • 2. Perform a patient-centred clinical assessment and establish a management plan • 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2. Performs a patient-centred clinical assessment and establishes a management plan • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency • 5.1 Recognizes potential health care delivery risks and patient safety incidents, working proactively to prevent harm, and remediate identified concerns <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families and social or cultural support networks to increase opportunities to adopt healthy behaviours <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice

<p>5b. Determine and validate the patients' goals of care.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 2.1 Prioritize issues to be addressed in a patient encounter • 3 Establish goals of care in collaboration with patients and their families, which may include slowing disease progression, treating symptoms, achieving cure, improving function, and palliation <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information • 4. Engage patients and their families in developing plans that reflect the patient's health care needs and goals • 4.3 Use communication skills and strategies that help patients and their 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 2.1 Identifies relevant priorities for assessment and management, based on the patient's perspective, context, and medical urgency • 2.3 Establishes goals of care in collaboration with patients and their families, which reflects the patient's values and goals for health and well-being <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives • 4. Engages patients and families in developing plans that reflect the patient's health care needs, values and goals
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	<p>families make informed decisions regarding their health</p> <p>Health Advocate</p> <ul style="list-style-type: none"> 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment 	<ul style="list-style-type: none"> 4.6 Helps patients clarify their values and feelings, cope with uncertainty, and sort out their options for care <p>Health Advocate</p> <ul style="list-style-type: none"> 1. Responds to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment
<p>5c. Manage cancer-related pain using pharmacologic and non-pharmacologic treatments</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> 3.1 Determine the most appropriate procedures or therapies 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Collaborator</p> <ul style="list-style-type: none"> 3.1 Determine when care should be transferred to another physician or health care professional 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> 3.1 Determines the most appropriate procedures or therapies 3.3 Prioritizes a procedure or therapy, accounting for safety, clinical urgency, and available resources 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation. <p>Collaborator</p> <ul style="list-style-type: none"> 3.1 Determines when a transition in care is required and facilitates the process

	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice
<p>5d. Explain strategies that support safer opioid use by people with cancer and cancer survivors.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 2.1 Prioritize issues to be addressed in a patient encounter • 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective • 2.6 Manages complex co-existing clinical and contextual issues, both acute and chronic, often in conditions of uncertainty • 3.3 Prioritizes a procedure or therapy, accounting for safety, clinical urgency, and available resources

	<p>Communicator</p> <ul style="list-style-type: none"> • 4.3 Use communication skills and strategies that help patients and their families make informed decisions regarding their health <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice <p>Professional</p> <ul style="list-style-type: none"> • 1. Demonstrate a commitment to patients by applying best practices and adhering to high ethical standards 	<p>Communicator</p> <ul style="list-style-type: none"> • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Responds to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.2 Works with patients and their families and social or cultural support networks to increase opportunities to adopt healthy behaviours <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice <p>Professional</p> <ul style="list-style-type: none"> • 1. Demonstrates a commitment to patients through clinical excellence and high ethical standards
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	<ul style="list-style-type: none"> • 2.1 Demonstrate accountability to patients, society, and the profession by responding to societal expectations of physicians • 2.2 Demonstrate a commitment to patient safety and quality improvement 	<ul style="list-style-type: none"> • 2.1 Demonstrates accountability to patients and society • 2.2 Demonstrates a commitment to quality care and continuous quality improvement
<p>5e. Explain assessment and monitoring of patients with cancer and cancer survivors for adverse effects from opioids.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner • 1.6 Recognize and respond to the complexity, uncertainty, and ambiguity inherent in medical practice • 2.1 Prioritize issues to be addressed in a patient encounter • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 1.5 Recognizes and responds to the complexity, uncertainty, and ambiguity inherent in medical practice • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective

	<p>Communicator:</p> <ul style="list-style-type: none"> • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<ul style="list-style-type: none"> • 2.6 Manages complex co-existing clinical and contextual issues, both acute and chronic, often in conditions of uncertainty • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives. <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice
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<p>5f. Manage cancer-related pain</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 1.6 Recognize and respond to the complexity, uncertainty, and ambiguity inherent in medical practice • 3.1 Determine the most appropriate procedures or therapies • 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation • 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management • 1.5 Recognizes and responds to the complexity, uncertainty, and ambiguity inherent in medical practice • 3.1 Determines the most appropriate procedures or therapies • 3.3 Prioritizes a procedure or therapy, accounting for safety, clinical urgency, and available resources • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation • 5.1 Recognizes potential health care delivery risks and patient safety incidents, working proactively to prevent harm, and remediate identified concerns
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	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families and social or cultural support networks to increase opportunities to adopt healthy behaviours • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice
<p>5g. Identify ways to assess co-morbidity and cluster symptoms in the context of cancer-related pain</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.5 Recognizes and responds to the complexity, uncertainty, and ambiguity inherent in medical practice • 2.1 Identifies relevant priorities for assessment and management, based on

	<ul style="list-style-type: none"> • 1.6 Recognize and respond to the complexity, uncertainty, and ambiguity inherent in medical practice • 2.1 Prioritize issues to be addressed in a patient encounter • 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Communicator</p> <ul style="list-style-type: none"> • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients 	<p>the patient’s perspective, context, and medical urgency</p> <ul style="list-style-type: none"> • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective • 2.6 Manages complex co-existing clinical and contextual issues, both acute and chronic, often in conditions of uncertainty • 3.3 Prioritizes a procedure or therapy, accounting for safety, clinical urgency, and available resources • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Communicator</p> <ul style="list-style-type: none"> • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals
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	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice
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PGME TOPIC 6.1. Advanced Knowledge of Pain

Learning Objectives	CanMEDS	CanMEDS FM
6.1a. Define and explain the concept of chronic pain as a disease in itself rather than simply a symptom.	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline 	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.3 Apply knowledge of the clinical and biomedical sciences relevant to Emergency Medicine
6.1b. Identify biological and psychosocial processes involved in the development of chronic pain	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline 	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.3 Apply knowledge of the clinical and biomedical sciences relevant to Emergency Medicine
6.1c. Assess patients suffering from pain, including the identification of factors contributing to pain and how pain affects their life.	<p>Medical Expert</p> <ul style="list-style-type: none"> 2. Perform a patient-centred clinical assessment and establish a management plan 2.2 Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion <p>Communicator</p> <ul style="list-style-type: none"> 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> 2. Performs a patient-centred clinical assessment and establishes a management plan 2.2 Elicits a history, performs a physical exam, selects appropriate investigations, and interprets their results for the purpose of diagnosis and management, disease prevention, and health promotion 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective <p>Communicator</p> <ul style="list-style-type: none"> 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families

	<ul style="list-style-type: none"> • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice 	<ul style="list-style-type: none"> • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice
<p>6.1d. Discuss approaches to comprehensive pain management assessment.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 2.2 Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 2.2 Elicits a history, performs a physical exam, selects appropriate investigations, and interprets their results for the purpose of diagnosis and management, disease prevention, and health promotion • 2.6 Manages complex co-existing clinical and contextual issues, both acute and chronic, often in conditions of uncertainty • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation

	<p>Communicator</p> <ul style="list-style-type: none"> • 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment 	<ul style="list-style-type: none"> • 6.3 Explores how the patient’s previous experiences, including adverse life events, impact individual clinical encounters and interactions with the health system and incorporates this understanding in their provision of care • 7. Contributes generalist abilities to address complex, unmet patient or community needs, and emerging health issues, demonstrating community-adaptive expertise <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 2.3 Explores the patient’s personal life context, including cultural influences • 4.3 Recognizes and respects diversity, including but not limited to the impact of gender, race, religion, and cultural beliefs, on joint decision making and other interactions <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Responds to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment
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	<ul style="list-style-type: none"> • 1.1 Work with patients to address determinants of health that affect them and their access to needed health services or resources <p>Professional</p> <ul style="list-style-type: none"> • 1.3 Recognize and respond to ethical issues encountered in practice 	<ul style="list-style-type: none"> • 1.1 Works with patients to address determinants of health that affect them and their access to needed health services or resources <p>Professional</p> <ul style="list-style-type: none"> • 1.3 Recognizes and responds to ethical issues encountered in practice
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PGME TOPIC 6.2. Management of Chronic Pain

Learning Objectives	CanMEDS	CanMEDS FM
<p>6.2a. Interpret recommendations on optimizing non-opioid and opioid therapy for chronic non-cancer pain.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 3.1 Determine the most appropriate procedures or therapies <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.2 Identify, select, and navigate pre-appraised resources • 3.3 Critically evaluate the integrity, reliability, and applicability of health-related research and literature • 3.4 Integrate evidence into decision-making in their practice • 4.1 Demonstrate an understanding of the scientific principles of research and scholarly inquiry and the role of research evidence in health care 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective; • 3.1 Determines the most appropriate procedures or therapies <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.2 Identifies, selects, and navigates pre-appraised resources and clinical practice guidelines that are relevant to family practice settings • 3.3 Accesses and applies appropriate resources at the point of care • 3.4 Critically evaluates the integrity, reliability, and applicability of health-related research and literature that is relevant to settings where family physicians work • 3.5 Integrates evidence into decision making in practice • 4.1 Demonstrates an understanding of the scientific principles of research and scholarly inquiry, and the role that evidence has in the provision of health care

<p>6.2b. Explain the role of self-management in the framework of chronic pain management while optimizing pharmacologic and interventional options tailored to individual patients.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 2.4 Establish a patient-centred management plan • 3.1 Determine the most appropriate procedures or therapies • 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 2.4 Establishes a care management plan, finding common ground with the patient in defining problems and priorities, and recognizing the roles of the patient, other healthcare providers and the family physician in each encounter • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective • 3.1 Determines the most appropriate procedures or therapies • 3.3 Prioritizes a procedure or therapy, accounting for safety, clinical urgency, and available resources • 4.1 Works collaboratively with patients, their families, other health care colleagues, and key stakeholders to provide comprehensive care to individual patients, patient populations, and communities
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	<p>Communicator</p> <ul style="list-style-type: none"> • 2.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information; • 3. Share health care information and plans with patients and their families; • 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals <p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients <p>Scholar</p> <p>3. Integrate best available evidence into practice</p>	<p>Communicator</p> <ul style="list-style-type: none"> • 2.1 Engages patients to gather information about their symptoms, ideas, concerns, expectations of health care, and the full impact of their illness experience on their lives • 3. Shares health care information and plans with patients and their families • 4. Engages patients and families in developing plans that reflect the patient’s health care needs, values and goals • 4.4 Effectively addresses challenging communication issues such as motivating behaviour change, delivering bad news, and addressing disagreements and emotionally charged situations <p>Health Advocate</p> <ul style="list-style-type: none"> • Responds to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals <p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients
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<p>6.2c. Determine the most appropriate treatment plan for a patient in pain using pharmacological non-opioid and procedural approaches, including preventive interventions</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 2.4 Establish a patient-centred management plan • 3.1 Determine the most appropriate procedures or therapies • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Collaborator</p> <ul style="list-style-type: none"> • 3.1 Determine when care should be transferred to another physician or health care professional <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 2.5 Makes clinical decisions informed by the best available evidence, past experience and the patient’s perspective; • 3.1 Determines the most appropriate procedures or therapies • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Collaborator</p> <ul style="list-style-type: none"> • 3.1 Determines when a transition in care is required and facilitates the process <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals
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	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.4 Integrate evidence into decision-making in their practice <p>Professional</p> <ul style="list-style-type: none"> • 1. Demonstrate a commitment to patients by applying best practices and adhering to high ethical standards 	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice considering context, epidemiology of disease, comorbidity, and the complexity of patients • 3.5 Integrates evidence into decision making in practice <p>Professional</p> <ul style="list-style-type: none"> • 1. Demonstrates a commitment to patients through clinical excellence and high ethical standards
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AFMC CPD Topic 01: Injectable Opioid Agonist Treatment (iOAT)

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
<p>1a. Describe the role of Injectable Opioid Agonist Treatment (iOAT) in the continuum of care.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.3 Apply knowledge of the clinical and biomedical sciences relevant to their discipline <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care <p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed

<p>1b. Treat opioid use disorder with iOAT as appropriate.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • Demonstrate a commitment to high-quality care of their patients • 3.1 Determine the most appropriate procedures or therapies • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 3.1 Determines the most appropriate procedures or therapies • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation
<p>1c. Describe the safe use, storage and disposal of iOAT medications and equipment.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2.1 Prioritize issues to be addressed in a patient encounter • 5.2 Adopt strategies that promote patient safety and address human and system factors 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 2.1 Identifies relevant priorities for assessment and management, based on the patient’s perspective, context, and medical urgency • 5.3 Improves patient safety, addressing human and system factors as part of a commitment to quality

<p>1d. Manage patient-centered transition to alternate OAT.</p>	<p>Medical Expert 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation</p>	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 4.1 Works collaboratively with patients, their families, other health care colleagues, and key stakeholders to provide comprehensive care to individual patients, patient populations, and communities • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation
<p>1e. Identify the social and political contexts affecting access to iOAT.</p>	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.1 Work with patients to address determinants of health that affect them and their access to needed health services or resources 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Responds to an individuals patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.1 Works with patients to address determinants of health that affect them and their access to needed health services or resources

<p>1f. Manage difficult conversations related to stigma and harm reduction.</p>	<p>Communicator</p> <ul style="list-style-type: none"> • 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly • 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<p>Communicator</p> <ul style="list-style-type: none"> • 2. Elicits and synthesizes accurate and relevant information from, and perspectives of patients and their families • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed • 4.6 Helps patients clarify their values and feelings, cope with uncertainty, and sort out their options for care
<p>1g. Build an iOAT care team.</p>	<p>Collaborator</p> <ul style="list-style-type: none"> • 1. Work effectively with physicians and other colleagues in the health care professions 	<p>Collaborator</p> <ul style="list-style-type: none"> • 1. Works effectively with others in a collaborative team-based model

AFMC CPD Topic 02: Physician Liability: Reducing medico-legal risks when prescribing opioids for chronic non-cancer pain

Learning objectives	CanMEDS and Competency	CanMEDS FM and Competency
2a. Explain four medico-legal risks associated with opioid therapy for chronic non-cancer pain	Medical Expert: <ul style="list-style-type: none"> • 3.1 Establish plans for ongoing care and, when appropriate, timely consultation. 	Family Medicine Expert: <ul style="list-style-type: none"> • 3.1 Determines the most appropriate procedures or therapies • 4. Establishes plans for ongoing care and timely consultation when appropriate
2b. Explain use of prescribing guidelines, regulations, and systematic documentation in fostering safe patient care.	Medical Expert: <ul style="list-style-type: none"> • 5.2 Adopt strategies that promote patient safety and address human and system factors 	Family Medical Expert: <ul style="list-style-type: none"> • 5.1 Recognizes potential health care delivery risks and patient safety incidents, working proactively to prevent harm, and remediate identified concerns
2c. Discuss own practice improvement using lessons learned from Canadian medico-legal cases.	Scholar <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice. 	Scholar <ul style="list-style-type: none"> • 3.5 Integrates evidence into decision
2d. Describe the importance of a collaborative approach with the patient and other professionals.	Communicator <ul style="list-style-type: none"> • 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on 	Communicator <ul style="list-style-type: none"> • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is

	<p>the quality of care, and modify the approach to the patient accordingly</p> <p>Collaborator</p> <ul style="list-style-type: none"> 1. Work effectively with physicians and other colleagues in the health care professions 	<p>respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed</p> <p>Collaborator</p> <p>1. Works effectively with others in a collaborative team-based model</p>
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AFMC CPD Topic 03: Chronic Pain in Older Adults

Learning Objectives	CanMEDS	CanMEDS FM
<p>3a. Assess and diagnose substance use disorders with or without chronic pain.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • Demonstrate a commitment to high-quality care of their patients • 3.1 Determine the most appropriate procedures or therapies 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 3.1 Determines the most appropriate procedures or therapies
<p>3b. Establish appropriate management plans for chronic pain employing evidence-based treatment approaches that are based on the individual’s unique needs.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation <p>Scholar</p> <ul style="list-style-type: none"> • 3.Integrate best available evidence into practice. 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • 4.1 Works collaboratively with patients, their families, other health care colleagues, and key stakeholders to provide comprehensive care to individual patients, patient populations, and communities • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation <p>Scholar</p> <ul style="list-style-type: none"> • 3.5 Integrates evidence into decision

<p>3c. Assess prescribing cascades in older adults while considering the role of co-morbidities, compounding risks of polypharmacy, and other risks associated with this population.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.4. Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner • 2.2. Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion • 4.1. Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation • 5.2. Adopt strategies that promote patient safety and address human and system factors <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients 	<p>Medical Expert:</p> <ul style="list-style-type: none"> • 2. Performs a patient-centred clinical assessment and establishes a management plan • 2.2 Elicits a history, performs a physical exam, selects appropriate investigations, and interprets their results for the purpose of diagnosis and management, disease prevention, and health promotion • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation • 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents <p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families to increase opportunities to adopt healthy behaviours
<p>3d. Develop a proactive and preventive approach for the early treatment of painful conditions at risk of becoming chronic.</p>	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.2 Works with patients and their families to increase opportunities to adopt healthy behaviours

AFMC CPD Topic 04: Women’s Health

Learning Objectives	CanMEDS and Competency	Obstetrics and Gynecology Competency
<p>4a. Describe the approach to the diagnosis and assessment of women with substance use disorders and concurrent physical and mental health conditions</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.4. Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner • 2.1. Prioritize issues to be addressed in a patient encounter • 2.2. Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion • 2.4. Establish a patient-centred management plan • 3.1. Determine the most appropriate procedures or therapies • 3.3 Prioritize a procedure or therapy, taking into account clinical urgency and available resources • 4.1. Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation • 5.2. Adopt strategies that promote patient safety and address human and system factors 	<p>Medical Expert:</p> <ul style="list-style-type: none"> • 2. Performs a patient-centred clinical assessment and establishes a management plan • 2.1 Prioritizes issues to be addressed in a patient encounter • 2.2 Elicits a history, performs a physical exam, selects appropriate investigations, and interprets their results for the purpose of diagnosis and management, disease prevention, and health promotion • 2.4 Establishes a patient-centred management plan • 3.3 Prioritizes procedures or therapies, taking into account clinical urgency and available resources • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation • 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents

<p>4b. Establish pain management plans for women with substance use disorders and concurrent physical and mental health conditions.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1. Demonstrate a commitment to high-quality care of their patients • 1.3. Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 2.2. Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion • 2.4. Establish a patient-centred management plan • 4.1. Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>Medical Expert:</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation
<p>4c. Explain how to manage pain safely in women during the prenatal, perinatal, and postpartum life stages</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1. Demonstrate a commitment to high-quality care of their patients • 1.3. Apply knowledge of the clinical and biomedical sciences relevant to their discipline • 1.4. Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner 	<p>Medical Expert:</p> <ul style="list-style-type: none"> • 1.1 Demonstrates a commitment to high-quality care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive

	<ul style="list-style-type: none"> • 2.1. Prioritize issues to be addressed in a patient encounter • 2.2. Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion • 2.4. Establish a patient-centred management plan • 3.1. Determine the most appropriate procedures or therapies • 4.1. Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<p>care; intra-partum care; palliation; and end-of-life care</p> <ul style="list-style-type: none"> • 2.1 Prioritize issues to be addressed in a patient encounter • 3.1 Determine the most appropriate procedures or therapies • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation
<p>4d. Discuss the implications of treating women with opioid use disorder and concurrent pain-related disorders.</p>	<p>Communicator</p> <ul style="list-style-type: none"> • 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<p>Communicator</p> <ul style="list-style-type: none"> • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed • 4.6 Helps patients clarify their values and feelings, cope with uncertainty, and sort out their options for care

	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1.1 Work with patients to address determinants of health that affect them and their access to needed health services or resources • 1.2 Work with patients and their families to increase opportunities to adopt healthy behaviours • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients 	<p>Health Advocate:</p> <ul style="list-style-type: none"> • 1.1 Works with patients to address determinants of health that affect them and their access to needed health services or resources • 1.2 Works with patients and their families to increase opportunities to adopt healthy behaviours
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AFMC CPD Topic 05: Pediatrics: Continuum of Care From Birth To Adolescence

Learning Objectives	CanMeds and Competency	Pediatrics Competency
5a. Describe age-specific strategies for comprehensive assessment of pediatric pain	Medical Expert <ul style="list-style-type: none"> • 2. Perform a patient-centred clinical assessment and establish a management plan. 	Medical Expert <ul style="list-style-type: none"> • 2. Perform a patient-centred and family-focused clinical assessment and establish a management plan
5b. Describe non-pharmacological and pharmacological treatments of pediatric pain including use of opioids and non-opioids	Medical Expert <ul style="list-style-type: none"> • 3.1 Determine the most appropriate procedures or therapies 	Medical Expert <ul style="list-style-type: none"> • 3.1 Determines the most appropriate procedures or therapies
5c. Explain pediatric pain treatment options to children and their families.	Communicator <ul style="list-style-type: none"> • 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances • 4. Engage patients and their families in developing plans that reflect the patient's health care needs and goals 	Communicator <ul style="list-style-type: none"> • 1.6 Adapt to the unique needs and preferences of each patient and to each patient's clinical condition and circumstances • 4. Engage patients and their families in developing plans that reflect the patient's health care needs and goals
5d. Provide evidence-informed care in safer pediatric opioid prescribing practices.	Medical Expert; <ul style="list-style-type: none"> • 3.1 Determine the most appropriate procedures or therapies 	Medical Expert <ul style="list-style-type: none"> • 3.1 Determines the most appropriate procedures or therapies

	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice 	<p>Scholar</p> <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice
<p>5e. Assess and describe techniques to minimize risk of opioid use disorder when prescribing opioids in pediatric/adolescent patients.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents 	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 5.1 Recognize and respond to harm from health care delivery, including patient safety incidents
<p>5f. Evaluate and treat neonatal abstinence syndrome/neonatal withdrawal.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2. Perform a patient-centred clinical assessment and establish a management plan 	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2. Performs a patient-centred and family-focused clinical assessment and establish a management plan • 2.4 Establish a patient-centred and family-focused management plan for patients with multiple medical conditions, including consideration of competing priorities, conditions, or treatments, as well as potential pharmacokinetic and pharmacodynamic interactions

AFMC CPD Topic 06: Opioids and the Emergency Department: Management of Acute and Chronic Pain in the Acute Care Setting

Learning Objectives	CanMEDS	Emergency Medicine Competencies
<p>6a. Identify when to intervene with opioid analgesics, and the routes of administration, dosing, and onset/duration of action for each drug commonly used.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2. Perform a patient-centred clinical assessment and establish a management plan • 3.1 Determine the most appropriate procedures or therapies 	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2. Perform a patient-centred clinical assessment and establish a management plan • 3.1 Determine the most appropriate procedures or therapies
<p>6b. Identify when to initiate or restart treatments for chronic pain or opioid use disorder (OUD) in the Emergency Department.</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2.3 Establish goals of care in collaboration with patients and their families, which may include slowing disease progression, treating symptoms, achieving cure, improving function, and palliation • 3. Plan and perform procedures and therapies for the purpose of assessment and/or management 	<p>Medical Expert</p> <ul style="list-style-type: none"> • 2.3 Establish goals of care in collaboration with patients and their families, which may include slowing disease progression, treating symptoms, achieving cure, improving function, and palliation • 3. Plan and perform procedures and therapies for the purpose of assessment and/or management
<p>6c. Identify opportunities for transition of care and follow-up for patients with OUD and chronic pain</p>	<p>Medical Expert</p> <ul style="list-style-type: none"> • 4. Establish a plan for ongoing care and, when appropriate, timely consultation <p>Communicator</p> <ul style="list-style-type: none"> • 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals 	<p>Medical Expert</p> <ul style="list-style-type: none"> • 4. Establish a plan for ongoing care and, when appropriate, timely consultation <p>Communicator</p> <ul style="list-style-type: none"> • 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals

	<p>Collaborator</p> <ul style="list-style-type: none"> 3. Hand over the care of a patient to another health care professional to facilitate continuity of safe patient care 	<p>Collaborator</p> <ul style="list-style-type: none"> 3. Hand over the care of a patient to another health care professional to facilitate continuity of safe patient care
6d. Identify and treat overdose.	<p>Medical Expert</p> <ul style="list-style-type: none"> 2. Perform a patient-centred clinical assessment and establish a management plan 3.1 Determine the most appropriate procedures or therapies 	<p>Medical Expert</p> <ul style="list-style-type: none"> 2. Perform a patient-centred clinical assessment and establish a management plan 3.1 Determine the most appropriate procedures or therapies
6e. Explain when to employ harm reduction strategies where appropriate.	<p>Communicator</p> <ul style="list-style-type: none"> 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals 	<p>Communicator</p> <ul style="list-style-type: none"> 1.6 Adapt to the unique needs and preferences of each patient and to each patient’s clinical condition and circumstances 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals
6f. Describe your approach to managing difficult decisions with compassion when it comes to opioid prescribing.	<p>Communicator</p> <ul style="list-style-type: none"> 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families <p>Health Advocate</p>	<p>Communicator</p> <ul style="list-style-type: none"> 2. Elicit and synthesize accurate and relevant information, incorporating the perspectives of patients and their families <p>Health Advocate</p>

	<ul style="list-style-type: none"> 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment <p>Professional</p> <p>1. Demonstrate a commitment to patients by applying best practices and adhering to high ethical standards</p>	<ul style="list-style-type: none"> 1. Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment <p>Professional</p> <ul style="list-style-type: none"> 1. Demonstrate a commitment to patients by applying best practices and adhering to high ethical standards
6g. Provide emergency care in the absence of a complete care record.	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.1 Demonstrate a commitment to high-quality care of their patients. 	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.1 Demonstrate a commitment to high-quality care of their patients 1.6 Recognize and respond to the complexity, uncertainty, and ambiguity inherent in Emergency Medicine practice
6h. Identify and manage patients who do not have ongoing care.	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner 2. Perform a patient-centred clinical assessment and establish a management plan 	<p>Medical Expert</p> <ul style="list-style-type: none"> 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner 2. Perform a patient-centred clinical assessment and establish a management plan
6i. Explain Manage patients with acute pain or chronic pain and OUD.	<p>Communicator</p> <ul style="list-style-type: none"> 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have 	<p>Communicator</p> <ul style="list-style-type: none"> 1.6 Adapt to the unique needs and preferences of each patient and to each

	<p>an impact on the quality of care, and modify the approach to the patient accordingly</p> <ul style="list-style-type: none"> • 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances • 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe. 	<p>patient’s clinical condition and circumstances</p> <ul style="list-style-type: none"> • 4. Engage patients and their families in developing plans that reflect the patient’s health care needs and goals • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed • 4.6 Helps patients clarify their values and feelings, cope with uncertainty, and sort out their options for care
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AFMC CPD Topic 07: Common Psychiatry Comorbidities in Patients with Chronic Pain and Opioid Use Disorder

Learning Objectives	CanMEDS and Competency	Psychiatry Competency
7a. Identify common psychiatric comorbidities in chronic pain and opioid substance use disorder using psychometric screening.	Medical Expert <ul style="list-style-type: none"> • 2. Perform a patient-centred clinical assessment, Mental Status Exam, and establish a management plan 	Medical Expert <ul style="list-style-type: none"> • 2. Perform a patient-centred clinical assessment and establish a management plan
7b. Recognize the impact of commonly used medications on mental health, chronic pain, and OUD.	Medical Expert <ul style="list-style-type: none"> • 3.1 Determine the most appropriate procedures or therapies Leader <ul style="list-style-type: none"> 1.2 Contribute to a culture that promotes patient safety 	Medical Expert <ul style="list-style-type: none"> • 3.1 Determines the most appropriate therapies Leader <ul style="list-style-type: none"> 1.2 Contribute to a culture that promotes safety
7c. Apply evidence-based treatments for common psychiatric comorbidities in patients with chronic pain and/or OUD.	Medical Expert <ul style="list-style-type: none"> • 3.1 Determine the most appropriate procedures or therapies Scholar <ul style="list-style-type: none"> • 3. Integrate best available evidence into practice • 3.2 Identify, select, and navigate pre-appraised resources 	Medical Expert <ul style="list-style-type: none"> • 3.1 Determines the most appropriate therapies Scholar <ul style="list-style-type: none"> • 3. Integrates best available evidence into practice • 3.2 Identifies, selects, and navigates pre-appraised resources

CPD Topic 8 – Hospital Based Medicine

Learning Objectives	CanMEDS and Competency	CanMEDS FM and Competency
8a. Recognize major factors leading to patients leaving hospital against medical advice	<p>Health Advocate</p> <ul style="list-style-type: none"> • Respond to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.3 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients. 	<p>Health Advocate</p> <ul style="list-style-type: none"> • 1. Responds to an individuals patient’s health needs by advocating with the patient within and beyond the clinical environment • 1.3 Incorporates disease prevention, health promotion, and health surveillance into interactions with individuals.
8b. List specific strategies that improve patient retention in hospital care	<p>Leader</p> <ul style="list-style-type: none"> • 1.2 Contribute to a culture that promotes patient safety <p>Collaborator</p> <ul style="list-style-type: none"> • 1. Work effectively with physicians and other colleagues in the health care professions 	<p>Leader</p> <ul style="list-style-type: none"> • 1.2 Fosters a culture that promotes patient safety. <p>Collaborator</p> <ul style="list-style-type: none"> • 1. Works effectively with others in a collaborative team-based model
8c. Identify hospitalized and perioperative patients with substance use disorders (SUD) or opioid use disorder (OUD)	<p>Medical Expert</p> <ul style="list-style-type: none"> • 1.1 Demonstrate a commitment to high-quality care of their patients • 1.4 Perform appropriately timed clinical assessments with recommendations that are presented in an organized manner 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients
8d. Manage withdrawal in hospitalized individuals	<p>Medical expert</p> <ul style="list-style-type: none"> • Demonstrate a commitment to high-quality care of their patients • 3.1 Determine the most appropriate procedures or therapies 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients

	<ul style="list-style-type: none"> • 4.1 Implement a patient-centred care plan that supports ongoing care, follow-up on investigations, response to treatment, and further consultation 	<ul style="list-style-type: none"> • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 3.1 Determines the most appropriate procedures or therapies • 4.2 Implements a patient-centred care plan with continuity to ensure ongoing care, following up on investigations, monitoring treatment, and re-evaluating the need for further consultation
<p>8e. Manage acute pain in hospitalized and perioperative patients on chronic opioid therapy</p>	<p>Medical expert</p> <ul style="list-style-type: none"> • Demonstrate a commitment to high-quality care of their patients • 3.1 Determine the most appropriate procedures or therapies 	<p>Family Medicine Expert</p> <ul style="list-style-type: none"> • Demonstrates a commitment to high-quality, relationship-centred compassionate care of their patients • 1.3 Cares for patients through the spectrum of health promotion and disease prevention; diagnosis and treatment, including managing life-threatening illness; acute and chronic disease management; rehabilitation; supportive care; intra-partum care; palliation; and end-of-life care • 3.1 Determines the most appropriate procedures or therapies

<p>8f. Define the appropriate management of opioid maintenance treatment in hospitalized and perioperative patients</p>	<p>Medical expert</p> <ul style="list-style-type: none"> • 2.4 Establish a patient-centred management plan 	<p>Family medicine expert</p> <ul style="list-style-type: none"> • 2.6 Manages complex co-existing clinical and contextual issues, both acute and chronic, often in conditions of uncertainty
<p>8g. List strategies that decrease post-hospital discharge fatalities</p>	<p>Leader</p> <ul style="list-style-type: none"> • 1.2 Contribute to a culture that promotes patient safety <p>Collaborator</p> <ul style="list-style-type: none"> • 1. Work effectively with physicians and other colleagues in the health care professions 	<p>Leader</p> <ul style="list-style-type: none"> • 1.2 Fosters a culture that promotes patient safety. <p>Collaborator</p> <ul style="list-style-type: none"> • 1. Works effectively with others in a collaborative team-based model
<p>8h. Define safe opioid prescribing upon hospital discharge</p>	<p>Communicator</p> <ul style="list-style-type: none"> • Communicate using a patient-centred approach that encourages patient trust and autonomy and is characterized by empathy, respect, and compassion • 1.6 Adapt to the unique needs and preferences of each patient and to his or her clinical condition and circumstances • 4.1 Facilitate discussions with patients and their families in a way that is respectful, non-judgmental, and culturally safe • 4.3 Use communication skills and strategies that help patients and their families make informed decisions regarding their health 	<p>Family medicine expert</p> <ul style="list-style-type: none"> • Establishes positive therapeutic relationships with patients and their families that are characterized by understanding, trust, respect, honesty, and compassion • 1.6 Adapts communication to the unique needs and preferences of each patient and to their clinical condition and circumstances ensuring that care is inclusive and culturally safe • 4.1 Facilitates discussions with patients and their families about the plan of care in a way that is respectful, inclusive, non-judgmental, and culturally safe, including using an interpreter or cultural intermediary when needed • 4.4 Effectively addresses challenging communication issues such as

		motivating behaviour change, delivering bad news, and addressing disagreements and emotionally charged situations
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