

The logo features a stylized checkmark on the left, with a red swoosh that curves around the word 'RESPONSE'. The letters 'AFMC' are positioned above 'RESPONSE', with a red caduceus symbol integrated into the letter 'M'. Below 'RESPONSE' is the text 'TO OPIOID CRISIS' in a smaller, black, sans-serif font.

AFMC
RESPONSE
TO OPIOID CRISIS

INVENTORY
OF TOOLS



OVERVIEW

Developed in partnership with Faculty Development members, this inventory of tools contains resources for physicians and medical professionals to reference and review. The hyperlinks to the resources are readily available alongside keywords to help individuals narrow their search while utilizing this inventory. Corresponding curriculum modules from the AFMC Response to the Opioid Crisis Project have also been listed. To access the curriculum modules and for more information, please visit: <https://opioids.afmc.ca/>.

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Defined Populations		
Tools	Keywords	Curriculum Module
Poverty Screening https://cep.health/clinical-products/poverty-a-clinical-tool-for-primary-care-providers/	Poverty, risk, screening	PGME: <i>Opioid stewardship: Prescribing, Management Rotation and Deprescribing</i>
PROMIS Pediatric https://www.healthmeasures.net/index.php?option=com_instruments&view=measure&id=764&Itemid=992	Pediatrics	CPD: <i>Pediatrics: Continuum of Care from Birth to adolescence</i>
Mothering and Opioids ToolKits https://cewh.ca/wp-content/uploads/2019/11/CEWH-01-MO-Toolkit-WEB2.pdf	Mothers	CPD: <i>Women's Health</i>
PedsQL™ Pediatric Quality of Life Inventory Version 4.0 CHILD REPORT (ages 8-12) https://orthop.washington.edu/sites/default/files/files/POOS-9_PedsQL4_Compiled.pdf	Screening, Pain, Pediatric	CPD: <i>Pediatrics: Continuum of Care from Birth to adolescence</i>

Disability Assessment		
Tools	Keywords	Curriculum Module
Palliative Performance Scale (PPS)	Scale Therapy Assessment, Screen, Cancer, Symptom(s), Palliative	UGME: <i>Opioid Stewardship in Palliative Care</i> PGME: <i>Cancer-Related Pain</i>
Eastern Cooperative Oncology Group Performance Status Scale (ECOG) https://ecog-acrin.org/resources/ecog-performance-status/	Assessment, Function, Screen, Cancer, Palliative	PGME: <i>Cancer-Related Pain</i>

Guidelines		
Tools	Keywords	Curriculum Module
WHO Analgesic Ladder https://professionals.wrha.mb.ca/old/professionals/files/PDTip_AnalgesicLadder.pdf	Prescribing Analgesia Ladder Guidelines	CPD: <i>Chronic Pain in Older Adults</i>
National Pain Guidelines https://npc.healthsci.mcmaster.ca/	Pain Guidelines	UGME: <i>Opioid Prescribing</i>
Guideline for the Clinical Management of Opioid Use Disorder: https://www.bccsu.ca/wp-content/uploads/2017/06/BC-OUD-Guidelines_June2017.pdf	OAT	PGME: <i>Opioid Use Disorder Assessment and Management</i>
Solving Pain: The Perioperative Pain Management Pathway A Best Practices Guide https://www.solvingpain.ca/	Surgery, Pain, Management	CPD: <i>Pediatrics: Continuum of Care from Birth to adolescence</i>
Guideline for opioid therapy and chronic non-cancer pain https://files.magicapp.org/guideline/dc12d4fe-5df9-46ce-9eae-4b266c70e89a/published_guideline_2849-4_10.pdf	Chronic Pain, Opioids, CPG	CPD: <i>Emergency Medicine</i>

Harm Reduction		
Tools	Keywords	Curriculum Module
Opioid Overdose: What to do https://www.canada.ca/content/dam/hc-sc/documents/services/publications/healthy-living/opioid-overdoses-what-to-do.pdf	Patient handout, overdose, opioid overdose	CPD: <i>Women's Health</i>
Additional ISMP Resources: https://ismpcanada.ca/	(Institute for Safe Medication Practices) ISMP	UMGE: <i>Safe Storage and Proper Disposal of Opioids</i>
Patient Information Card Example https://ismpcanada.ca/wp-content/uploads/ISMPCSB2018-06-StorageDisposal.pdf	Patient Information	UGME: <i>Safe Storage and Proper Disposal of Opioids</i>
Methadone Carries https://www.metaphi.ca/wp-content/uploads/CarryPrinciples_OnePager.pdf	Methadone	PGME: <i>Opioid Use Disorder Assessment and Management</i>

Naloxone resources for opioid overdose Harm Reduction Services https://towardtheheart.com/ What is Naloxone? https://www.canada.ca/en/health-canada/services/opioids/naloxone.html How to use Naloxone? https://towardtheheart.com/opioid-od-awareness	Harm reduction, Naloxone	UMGE: <i>Recognizing Opioid Use Disorder</i>
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Mental Health Assessment

Tools	Keywords	Curriculum Module
Patient Health Questionnaire (PHQ-9) https://www2.gov.bc.ca/assets/gov/health/practitioner-pro/bc-guidelines/depression_patient_health_questionnaire.pdf	Assessment, Pain Questionnaires	UGME: <i>Core Concepts in Pain</i>
Generalized Anxiety Disorder Scale (GAD-7) https://adaa.org/sites/default/files/GAD-7_Anxiety-updated_0.pdf	Assessment, Pain, Tools, Questionnaires	UGME: <i>Core Concepts in Pain</i>
Beck's Depression Inventory https://www.ismanet.org/doctoryourspirit/pdfs/Beck-Depression-Inventory-BDI.pdf	Depression, Assessment, Pain Questionnaires	UGME: <i>Core Concepts in Pain</i>
Patient's Global Impression of Change Scale https://chiro.org/LINKS/OUTCOME/Patients_Global_Impression_of_Change.pdf	Assessment, Pain Questionnaires, Scale	UGME: <i>Core Concepts in Pain</i>

Monitoring

Tools	Keywords	Curriculum Module
Case-finding tools Prescription Opioid Misuse Index (POMI)	Index, Misuse, Measure, Prescription	UGME: <i>Recognizing Opioid Use Disorder</i>
5 A's: https://aci.health.nsw.gov.au/data/assets/pdf_file/0019/212761/ACI-5As-analgesia.pdf	Monitoring, Misuse	PGME: <i>Opioid stewardship: Prescribing, Management Rotation and Deprescribing</i>

Opioid Agonist Therapy (OAT)

Tools	Keywords	Curriculum Module
OAT Information for patients: https://www.camh.ca/-/media/files/oat-info-for-clients.pdf	Patient Handout, Opioid Use Disorder (OUD)	CPD: <i>Injectable Opioid Agonist</i>

	<i>Treatment</i>
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Opioid Use Disorder (OUD)		
Tools	Keywords	Curriculum Module
DSM-5 Criteria for OUD https://www.bccsu.ca/wp-content/uploads/2017/08/DSM-5.pdf	DSM-5 Screening OUD, Diagnosis, Clinical Diagnostic, Opioid Use Disorder	UGME: <i>Recognizing Opioid Use Disorder</i> PGME: <i>Opioid Use Disorder Assessment and Management</i>
CRISM National Guideline for Clinical Management of Opioid Use Disorder https://www.sciencedirect.com/science/article/pii/S1836955320300576?via%3Dihub	CRISM Guidelines	UGME: <i>Management of Opioid Use Disorder</i>
Opioid Use Disorder (OUD) Tool https://cep.health/media/uploaded/CEP_Opioid_Use_Disorder_2018.pdf	Opioid Use Disorder, OUD	PGME: <i>Opioid Use Disorder Assessment and Management</i>
Managing opioid use disorder in primary care: PEER simplified guideline https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6516701/pdf/0650321.pdf	Opioid Use Disorder, OUD	PGME: <i>Opioid Use Disorder Assessment and Management</i>
Clinical Opiate Withdrawal Scale (COWS) https://www.bccsu.ca/wp-content/uploads/2017/08/Clinical-Opiate-Withdrawal-Scale.pdf	Opioid Use Disorder, OUD, Withdrawal Scale, Choosing Wiseley	PGME: <i>Opioid Use Disorder Assessment and Management</i> UGME: <i>Management of Opioid Use Disorder</i>

Pain Assessment		
Tools	Keywords	Curriculum Module
PIPP & NFCS infant pain assessment scales 1.4, 1.5 FLACC & NCCPC-PV 10.1097/AJP.0b013e3182906aed https://link.springer.com/book/10.1007/978-3-030-18005-8 https://pami.emergency.med.jax.ufl.edu/wordpress/files/2019/10/FLACC_R.pdf https://pubs.asahq.org/view-large/figure/1387113/4tt1.png	Pain Assessment	CPD: <i>Pediatrics: Continuum of Care from Birth to adolescence</i>
Brief Pain Inventory	Inventory, Pain	UGME: <i>Core Concepts in Pain</i>
McGill Pain Questionnaire	Questionnaires	UGME: <i>Core Concepts in Pain</i>
Douleur Neuropathique 4 (DN4)		UGME: <i>Core Concepts in Pain</i>
Pain Assessment in Advanced Dementia (PAIN-AD)	Pain Assessment, Dementia	UGME: <i>Core Concepts in Pain</i>
Faces Pain Scale – Wong-Baker Faces Pain Scale	Pain, Assessment, Scale	UGME: <i>Core Concepts in Pain</i>
Edmonton Symptom Assessment System Revised tool (ESAS-r) https://www.albertahealthservices.ca/frm-07903.pdf	Assessment, Screen, Cancer, Symptom(s), Palliative	PMGE: <i>Cancer-Related Pain</i>

Patient Communication		
Tools	Keywords	Curriculum Module
SMART Model https://www.mcstap.com/docs/SOAPP-5.pdf	Task Force, Risk Assessment, Pain, Tools, Questionnaires	UGME: <i>Core Concepts in Pain</i> PGME: <i>Management of chronic pain and diverse patient populations</i>
SPIKES 6-Step Mnemonic Note: Access is granted by registering for the UGME curriculum via the website above.	Mnemonic	UGME: <i>Opioid Stewardship in Palliative Care</i>
Patient Information Sheet Example https://www.ismp-canada.org/download/OpioidStewardship/OpioidsAfterSurgery-EN.pdf	ISMP	UGME: <i>Safe Storage and Proper Disposal of Opioids</i>
Motivational Interviewing <ul style="list-style-type: none"> Motivational Interviewing: Open questions, Affirmation, Reflective Listening, and Summary Reflections https://www.homelesshub.ca/resource/motivational-interviewing-open-questions-affirmation-reflective-listening-and-summary Assessing Motivation: The importance-confidence ruler technique_ https://www.corhealthontario.ca/HMP-Assessing-Motivation.pdf Ask-Tell-Ask https://centrecmi.ca/wp-content/uploads/2019/03/12-Ask_Tell_Ask_2018-12-21.pdf 	Motivational Interviewing, Motivation	PGME: <i>Building relationships with individuals: navigating difficult conversations</i>
Trauma-informed approach <ul style="list-style-type: none"> Recognizing and Attending to In-the-Moment Trauma Responses https://cewh.ca/wp-content/uploads/2020/10/Recognizing-and-Attending-to-In-The-Moment-Trauma-Responses.pdf Grounding Activities and Trauma-Informed Practice https://cewh.ca/wp-content/uploads/2018/07/Grounding-Activities-and-TIP-Handout_July-30-2018.pdf 	Trauma Informed Care, Trauma, Patient Resource	PGME: <i>Building relationships with individuals: navigating difficult conversations</i>

Prescribing Opioids		
Tools	Keywords	Curriculum Module
Opioid conversion table (MME) https://files.magicapp.org/guideline/dc12d4fe-5df9-46ce-9eae-4b266c70e89a/published_guideline_2849-4_10.pdf	MME: Morphine Milligram Equivalents	UGME: <i>Pathophysiology of pain and Pharmacology of Opioids</i>
Opioids in patients with renal or hepatic dysfunction https://www.practicalpainmanagement.com/treatments/pharmacological/opioids/opioids-patients-renal-hepatic-dysfunction	Prescribing Choosing Wisely	UGME: <i>Cultural Considerations, Legalities, and Enhancing Competency</i>
Fentanyl Patch Application https://www.ismp.org/sites/default/files/attachments/2018-01/Fentanyl-Brochure.pdf	Patch, Fentanyl	UGME: <i>Opioid Stewardship in Palliative Care</i>
Opioid Crisis! A Standardized, Evidence-Based Approach to Discharge Opioids after Surgery https://www.ismp-canada.org/download/posters/opioidcrisis.jpg	Return Stewardship, ISMP, Dispose RX	UGME: <i>Safe Storage and Proper Disposal of Opioids</i>
Opioid Manager https://npc.healthsci.mcmaster.ca/opioid-manager/	Prescribing, Managing, Manage, Maintenance, Monitor, Monitoring.	PGME: <i>Management of chronic pain and diverse patient populations</i>
Cut the Count Campaign https://hqontario.ca/Quality-Improvement/Quality-Improvement-in-Action/Ontario-Surgical-Quality-Improvement-Network/Cut-the-Count	Return Stewardship ISMP Dispose RX	UGME: <i>Safe Storage and Proper Disposal of Opioids</i>
Controlled Drugs and Substances Act (Subsection 56.1) https://www.canada.ca/en/health-canada/services/health-concerns/controlled-substances-precursor-chemicals/policy-regulations/policy-documents/section-56-1-class-exemption-patients-pharmacists-practitioners-controlled-substances-covid-19-pandemic.html	Palliative, Performance Scale Therapy Power of Attorney ESAS	UGME: <i>Opioid Stewardship in Palliative Care</i>

Stigma		
Tools	Keywords	Curriculum Module
Addictionary, Destigmatizing Language https://www.recoveryanswers.org/addiction-ary/#stigma	Stigma, Language	UGME: <i>Recognizing Opioid Use Disorder</i>

Substance Use & Substance Use Disorders (SUD)		
Tools	Keywords	Curriculum Module
Assessment of alcohol withdrawal: The revised clinical institute withdrawal assessment for alcohol scale (CIWA-Ar). https://doi.org/10.1111/j.1360-0443.1989.tb00737.x	SUD, ETOH Withdrawal, Scale	CPD: <i>Hospital-Based Medicine</i>

Risk Assessment		
Tools	Keywords	Curriculum Module
CAGE-AID Questionnaire https://divisionsbc.ca/sites/default/files/Divisions/Nanaimo/CAGE%20Questionnaire.pdf	CAGE-AID, CAGE,	PMGE: <i>Opioid stewardship: Prescribing, Management Rotation and Deprescribing</i>
Alcohol Use Disorders Identification Test (AUDIT) https://auditscreen.org/translations/	Alcohol, Risk, Screening	PMGE: <i>Opioid stewardship: Prescribing, Management Rotation and Deprescribing</i>
Opioid Risk Tool https://nida.nih.gov/sites/default/files/opioidrisktool.pdf	Assessment, Risk, Screening	PGME: <i>Management of chronic pain and diverse patient populations</i>
CRAFT: Substance Abuse Screening Test Among ADOLESCENT Clinic Patients http://crafft.org/get-the-crafft/	Adolescent Medicine, OUD, Screening	CPD: <i>Pediatrics: Continuum of Care from Birth to adolescence</i>

Trauma Informed Care

Tools	Keywords	Curriculum Module
Adverse Childhood Experiences, ACE Score https://acestoohigh.com/got-your-ace-score/	Adverse Childhood Experiences, Childhood Trauma, ACE	UGME: <i>Recognizing Opioid Use Disorder</i>

For registration and more information, please visit:

opioids.afmc.ca



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